

Outpatient Lactation Services

at Houston Methodist
Willowbrook Hospital



Houston Methodist Willowbrook Hospital knows mother's milk is important in the development and health of newborn babies.

Our program offers a variety of services to mothers who have questions and concerns about breastfeeding, pumping, medications and more.

Our Staff and Services

Our lactation consultants are registered nurses and board certified by the International Board of Lactation Consultant Examiners®. Utilizing the latest scientific evidence regarding the importance of breast milk and breastfeeding, our lactation consultants will guide you through the fundamentals of breastfeeding, provide assistance when problems arise, and support you and your infant along the way by providing one-on-one care.

The outpatient lactation services team provides a full range of services, including:

- Private in-person consultations
- Breastfeeding classes
- Telephone support
- Breastfeeding support groups

Care and Compassion

Breastfeeding support, advice and resources are a phone call away. Our staff of knowledgeable lactation consultants are ready to work with you. If you are interested in outpatient lactation services, please call [281.737.2570](tel:281.737.2570) for more information.

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For more information or to schedule an appointment, please call [281.737.2570](tel:281.737.2570).

